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The Guide To The Future Of Medicine: Technology AND The Human Touch



Synopsis

A few short years ago, it would have been hard to imagine that exoskeletons could enable paralyzed people to walk again; that billions of people would rely on social media for information; and that the supercomputer Watson would be a key player in medical decision-making. Perhaps more than in any other field, technology has transformed medicine and healthcare in ways that a mere decade ago would have sounded like pure science fiction. From his unique vantage as a trained physician, researcher, and medical futurist, Dr. Bertalan Mesko examines these developments and the many more down the pipeline. His aim is to assess how the hand of technology can continue to provide the dose of humanity that is crucial to effective healthcare. The Guide to the Future of Medicine: Technology and the Human Touch is his incisive, illuminating roundup of the technologies and trends that will shape the future of medicine. Patients, medical professionals, and any healthcare stakeholder will find an eye opening, reassuring roadmap to tomorrow's potential in this accessible and fact-based book. By preparing for the inevitable waves of change, you can make informed decisions about how technology will shape your own well-being.

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Customer Reviews

Excerpts from reviews: "An exciting guide through developments, paradigm shifts, hurdles and opportunities." - Lucien Engelen, Director of REshape Innovation Center, Faculty at Singularity University "The book is so well executed that I couldn't put it down." - Denise Silber, Founder of Doctors 2.0 & You, Digital Health expert. "I was inspired to think of the industries that I deal with in

new ways all thought out the book." - Paul Kurchina, Connector, Analyst, and Community Catalyst in the SAP Ecosystem"Dr. Bertalan MeskÃ has written a much needed guide to the future of medicine. Technology is rapidly changing how the world works - and the healthcare industry is overdue for change. It's very rare to find a doctor so well versed in technology, so it was a pleasure reading about health technology trends from a medical professional's perspective." -Â Richard MacManus, founder of ReadWrite.com and author of 'Trackers: How Technology Is Helping Us Monitor & Improve Our Health'"These trends go from empowered patients and health gamification to virtual-digital brains and decision making with artificial intelligence." Featured as one of the most remarkable books about the future of medicine. - Mobile Health Global.

I see enormous technological changes heading our way. If they hit us unprepared, which we are now, they will wash away the medical system we know and leave it a purely technology-based service without personal interaction. Such a complicated system should not be washed away. Rather, it should be consciously and purposefully redesigned piece by piece. If we are unprepared for the future, then we lose this opportunity. I think we are still in time and it is still possible if an easily digestible and practical guide becomes available. I wrote a book "The Guide to the Future of Medicine: Technology AND The Human Touch" to prepare everyone for the coming waves of change, to be a guide for the future of medicine that anyone can use.

- Fascinating, and very useful - it equips you to manage your health and medical situation - both now and in the future. Example, it tells you about marvelously successful 'peer' groups on the internet, and medical mentors, etc., as well as countless arriving technologies that detect problems for early interventions.- It's well-written - a fast-paced, fact-packed briefing on how technology is rapidly advancing medical technology.- I'm listening to it read out loud to me in my shed (it makes my look forward to my regular exercise sessions attractive and I enjoy them more.)- The technologies described are thrilling - very cheering to learn about.- Generally very good. The style of writing is similar to that of Peter Diamandis' 'Abundance' - enthusiastic, very clear and easy to read, packed with specifics of products, company names, websites, explanations of things.

A book I'd recommend for any clinician or patient/caregiver interesting in thinking about what will shape years to come in healthcare. For others interested in this space it gives great insight into the tools and trends that are reshaping the way we think about health and healthcare. This book will be highly valuable to anyone who has not had the opportunity to stay on top of the literature and media

speculation on the future of healthcare. Berci also insights of many innovative technologies due to his inside access to tech companies and innovators. So it is an easy way to get caught up and prepared for the future that is coming. For those following healthcare innovation the book is not earth shattering or a big surprise, yet helpful to see another perspective on it that melds a research and clinical lens. Definitely not a book that should be missed.

One of the best medical technology reads there is. Bertalan understands technology and medicine and has an incredible insight into what the future will be like when these two worlds collide. Highly recommend this book! The Guide to the Future of Medicine: Technology AND The Human Touch

Dr. Mesko is on point! "The Future of Medicine" is a clear vision into the distance of where health and wellness are headed. The innovative and creative technologies that we are currently engaging in and expanding on are the tools Dr. Mesko uses to tell this extraordinarily realistic vision of our healthcare ecosystem's evolution into an amazingly effective and efficient world for providers and more importantly the patients we care for. It is a MUST READ if you want perspective on what is ahead of us. Dr. E. Quinones

Not sure I agree with all the medical applications suggested/predicted, but many, many thought provoking technologies presented. Fascinating to imagine all the possibilities out there. The real challenges may not be in developing the technologies, but determining when and how to use them to best, most appropriate advantage.

We are on the verge of a technological revolution in medicine. Normally this is a rather esoteric subject only reserved for highly qualified technicians. However, Bertalan Mesko translates all this jargon into everyday use. This is not a book for cynical doctors, it is basically directed to people who still enjoy the art of thinking.

Excellent reading, I think it's a comprehensive summary of the whole tech-med field, with realistic predictions about the future of this field both from technology point of view and healthcare infrastructure point of view. But still it is not boring, it does not assume any scientific background and sometimes it made me laugh loud!

Breathtaking and impressive. It describes the latest inventions and trends of medicine. It is

advisable to know for having a clear picture about the future of our healthcare. Surprise is guaranteed!

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